



St. Francis Children's Center Breakfast Menu – October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		October 1	October 2	October 3
		Waffles Grapes Milk	English Muffins Jelly Bananas Milk	Chicken Apple Sausage Biscuits Strawberries Milk
October 6	October 7	October 8	October 9	October 10
Special K Fruit and Yogurt Cereal Blueberries Milk	French Toast Mixed Berries Milk	Pancakes Pineapples Milk	Bagels Cream Cheese Watermelon Milk	Oatmeal Apples Milk
October 13	October 14	October 15	October 16	October 17
Development Day No School	Toast Soy Nut Butter Sausages Mixed Fruit Milk	Mini Maple Waffles Mangos Milk	English Muffins Jam Kiwis Milk	Cheese Omelets Turkey Bacon Pears Milk
October 20	October 21	October 22	October 23	October 24
Kasha Strawberries and Banana Cereal Loops Mandarin Oranges Milk	French Toast Slices Kiwis Milk	Blueberry Pancakes Strawberries Milk	Blueberry Bagels Cream Cheese Melon Milk	Sausage Biscuits Grapes Milk
October 27	October 28	October 29	October 30	October 31
Crispy Cereal Blueberries Milk	Toast Jam Mangos Milk	Emoji Waffles Turkey Bacon Apples Milk	English Muffins Cream Cheese Raspberries Milk	Pancake and Sausage on a Stick Mixed Berries Milk

WG = Whole Grain, WW = Whole Wheat

Milk and water served with breakfast and lunch, water only for snack.

Fresh fruit & vegetables are subject to change based upon availability and quality.

St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery sent to process food items that do contain nuts.

Please email Shanti Moore, SFCC Food Coordinator, and Devon Peck, ECE Coordinator, with questions or feedbacks about our menus.

Menu Changes will be posted on ProCare



St. Francis Children's Center Lunch Menu – October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		October 1	October 2	October 3
		Spaghetti with Meat Sauce Salad Mixed Fruit WW Bread Milk	Pigs in a Blanket WW Bread Peas Pears Milk	Cheese Pizza Carrots Grapes Milk
October 6	October 7	October 8	October 9	October 10
Chicken and Cheddar Croissants Snap Peas Pears Milk	Chicken Taco Rice WW Bread Corn Oranges Milk	BBQ Meat Balls Brown Rice Broccoli Bananas Milk	Chicken Bacon Ranch Mac and Cheese Carrots Blueberries Milk	Sausage Pizza Cucumbers Strawberries Milk
October 13	October 14	October 15	October 16	October 17
Development Day No School	Beef Nachos with WG Corn Chips Sour Cream Cheese Refried Beans Bananas Milk	Chicken O's Baked Beans Strawberries WW Bread Milk	Cheese Ravioli Peas Oranges Milk	Chicken and Dumpling Soup WW Bread Mixed Broccoli Peaches Milk
October 20	October 21	October 22	October 23	October 24
Turkey and Swiss Cheese on Hawaiian Rolls Carrots Apples Milk	Chicken Taco Rice Black Beans Cheese Sour Cream Pears Milk	Chicken Legs Green Beans Mashed Potatoes Mini Corn Muffins Blueberries Milk	Chicken and Broccoli Alfredo WW Bread Peaches Milk	Pizza Quesadillas Snap Peas Mangos Milk
October 27	October 28	October 29	October 30	October 31
Soy Nut Butter and Jam Sandwiches on WW Bread Celery Oranges Milk	Beef Tacos on WG Tortillas Roasted Corn Mixed Fruit Milk	Naan Pepperoni Pizza Bites Cucumbers Pears Milk	Jose Ole Chicken and Cheese Taquitos Carrots Tropical Fruit Mix Milk	Pepperoni Pizza Mangos Celery Milk

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St. Francis Children's Center Snack Menu – October 2025

Monday	Tuesday	Wednesday	Thursday	Friday
		October 1	October 2	October 3
		White Cheddar Cheese Its Oranges Water	Fig Bars Yogurt Water	Blueberry Muffins Sharp Cheddar Cheese Sticks Water
October 6	October 7	October 8	October 9	October 10
Lemon Blueberry Cookies String Cheese Water	Fruit Twist Goldfish Water	Turkey Cucumbers Water	Strawberry Oatmeal Bars Apples Water	Banana Muffins Peaches Water
October 13	October 14	October 15	October 16	October 17
Development Day No School	Yoggies Graham Crackers Water	Fall Festive Pretzel Yogurt Water	Blueberry Oatmeal Bars Applesauce Water	Blueberry Muffins Melon Water
October 20	October 21	October 22	October 23	October 24
Vanilla Cookies Colby Jack Cheese Sticks Water	Pumpkin Spice Slice Bananas Water	Ritz Crackers Apples Soy Butter Celery Water	Mott's Soft Baked Apple and Strawberry Filled Bars Mixed Berries Water	Banana Muffins Strawberries Water
October 27	October 28	October 29	October 30	October 31
Pita Chips Hummus Water	Turkey Sticks String Cheese Water	Cheddar Sun Chips Grapes Water	Apple Cinnamon Oatmeal Bars Yogurt Water	Veggie Straws Ghosts and Bats Carrots Water

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