




## St Francis Children's Center November Snack Menu - 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>November 1</b>
				Apple Cinnamon Muffin Applesauce Water
<b>November 4</b>	<b>November 5</b>	<b>November 6</b>	<b>November 7</b>	<b>November 8</b>
Graham Crackers Peaches in 100% fruit juice Water	String Cheese Strawberries Water	Special K Bars Apples Water	Chips Salsa (ICC, YT, & FF Nutri Grain Bars) Colby Jack Cheese Water	Blueberry Muffin Grapes Water
<b>November 11</b>	<b>November 12</b>	<b>November 13</b>	<b>November 14</b>	<b>November 15</b>
Carrots Ranch (ICC Diced Carrots) Mandarin Oranges Water	Nutri Grain Bar Peaches in 100% Fruit Juice Water	Rice Cakes Pineapple in 100% Fruit Juice Water	Animal Crackers (ICC Graham Crackers) Strawberries Water	Lemon Cranberry Muffins Mango Chunks Water
<b>November 18</b>	<b>November 19</b>	<b>November 20</b>	<b>November 21</b>	<b>November 22</b>
Cucumber Ranch Pears in 100% Fruit Juice Water	String Cheese Peaches in 100% Fruit Juice Water	Veggie Straws Cheddar Cheese Water	Pirate's Booty White Cheese Puffs Mandarin Oranges Water	Banana Muffin Apples Water
<b>November 25</b>	<b>November 26</b>	<b>November 27</b>	<b>November 28</b>	<b>November 29</b>
Belivta Snack Blueberries Water	Goldfish Peaches in 100% Fruit Juice Water	Cheese Its Pineapples in 100% Fruit Juice Water		

WG = Whole Grain, WW = Whole Wheat

Milk and water are served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.


Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit <https://choosedelicious.com>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery used to process food items that do contain nuts.

Please email Tiara Lee, SFCC Food Coordinator, [tlee@sfckids.org](mailto:tlee@sfckids.org) with questions or feedback about our menus. WG = Whole Grain, WW = Whole Wheat



## St Francis Children's Center November Breakfast Menu - 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>November 1</b>
				Pancakes Turkey Sausage Pears in 100% fruit juice Milk
<b>November 4</b>	<b>November 5</b>	<b>November 6</b>	<b>November 7</b>	<b>November 8</b>
Oatmeal Applesauce Milk	Bagel Soy Butter Apples Milk	Cinnamon Bread Soy Butter Triple Berry Blend Milk	English Muffin Jelly Mandarin Oranges in 100% Fruit Juice Milk	Rice Krispy Cereal Pears in 100% Fruit Juice Milk
<b>November 11</b>	<b>November 12</b>	<b>November 13</b>	<b>November 14</b>	<b>November 15</b>
Cheerios Pineapple in 100% Fruit Juice Milk	Croissant Jelly Mango Chunks Milk	White Bread Jelly Triple Berry Blend Milk	French Toast Peaches in 100% Fruit Juice Milk	Waffles Turkey Sausage Pears in 100% Fruit Juice Milk
<b>November 18</b>	<b>November 19</b>	<b>November 20</b>	<b>November 21</b>	<b>November 22</b>
Vanilla Yogurt Turkey Mango Chunks Milk	Bagel Jelly Strawberries Milk	Cheerios Apples Milk	White Bread Jelly Peaches in 100% Fruit Juice Milk	Oatmeal Grapes Milk
<b>November 25</b>	<b>November 26</b>	<b>November 27</b>	<b>November 28</b>	<b>November 29</b>
Corn Flakes/Cheerios Pineapple in 100% Fruit Juice Milk	Cinnamon Bread Jelly Pears in 100% Fruit Juice Milk	Strawberry Yogurt Turkey Milk		

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## St Francis Children's Center November Lunch Menu - 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>November 1</b>
				WG Cheese Ravioli in Delicious-Made Marinara Sauce Green Beans Diced Fresh Fruit WG Delicious-Made Bread Milk
<b>November 4</b>	<b>November 5</b>	<b>November 6</b>	<b>November 7</b>	<b>November 8</b>
Mini corn dogs Green beans Pears in 100% fruit Juice white bread Milk	Delicious-Made Cheeseburger Casserole Broccoli Banana WG Delicious-Made Wheat Bread Milk	Delicious-Made Chicken Teriyaki Meatballs Steamed Rice Cauliflower Oranges WG Delicious-Made Wheat Bread Milk	Mac and Cheese Peaches in 100% fruit juice Diced carrots Wheat bread Milk	Delicious-Made Macaroni & Cheese Roasted Green Beans Diced Fresh Fruit WG Delicious-Made Wheat Bread Milk
<b>November 11</b>	<b>November 12</b>	<b>November 13</b>	<b>November 14</b>	<b>November 15</b>
Ravioli Peas Strawberries Wheat bread Milk	Delicious-Made Beef Taco Shredded Cheddar Cheese Spanish Black Beans Broccoli Banana WG Soft Flour Tortilla Milk	Delicious-Made Beef Chili Steamed Rice Roasted Vegetables Oranges WG Delicious-Made Cornbread Milk	Mini corn dogs Peas Grapes Wheat bread Milk	Delicious-Made Italian Beef Meatballs in Marinara Sauce Spaghetti Noodles Cauliflower Diced Fresh Fruit WG Delicious-Made Wheat Bread Milk
<b>November 18</b>	<b>November 19</b>	<b>November 20</b>	<b>November 21</b>	<b>November 22</b>
Mac and Cheese Green beans Mandarin oranges in 100% fruit juice Wheat bread Milk	Delicious-Made Cheese Quesadilla on Soft WG Flour Tortilla Steamed Rice Broccoli Banana Milk	Delicious-Made Macaroni & Cheese Green Peas Oranges WG Delicious-Made Wheat Bread Milk	Grilled chicken nuggets Diced carrots Applesauce Wheat bread Milk	Delicious-Made WG Beef Pepperoni & Cheese Pizza Brussel Sprouts Diced Fresh Fruit Milk
<b>November 25</b>	<b>November 26</b>	<b>November 27</b>	<b>November 28</b>	<b>November 29</b>
Ravioli Peas Peaches in 100% juice Wheat bread	Delicious-Made Italian Chicken Oven Browned Potatoes Green Peas Banana WG Delicious-Made Wheat Bread Milk	Crispy Chicken Tender Wrap Shredded Cheddar Cheese Broccoli Oranges WG Soft Flour Tortilla Milk		

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