## **JANUARY 2025**

# St Francis Children's Center January Breakfast Menu - 2025

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		Closed 1	2	3
		HAPPY NEW YEAR	Oatmeal Grapes Milk	Croissant Jelly Mandarin Oranges in 100% Fruit Juice Milk
6	7	8	9	10
Corn Flakes Strawberries Milk	Vanilla Yogurt Turkey Sausage Diced Mango Milk	Cinnamon Bread Soy Butter Triple Berry Blend Milk	Pancakes Turkey Sausage Peaches in 100% Fruit Juice Milk	Omelet Pears in 100% Fruit Juice Milk
13	14	15	16	17
Corn Flakes/ Cheerios Pineapples in 100% Fruit Juice Milk	Bagel Cream Cheese Strawberries Milk	Strawberry Yogurt Turkey Sausage Apples Milk	Pancakes Turkey Sausage Blueberries Milk	French Toast Peaches in 100% Fruit Juice Milk
MLK Jr. Day 20	21	22	23	24
No School	Cinnamon Bread Jelly Pears in 100% Fruit Juice Milk	Cheerios Strawberry Milk	White Bread Jelly Peaches in 100% Fruit Juice Milk	Waffles Turkey Sausage Grapes Milk
27	28	29	30	31
French Toast Bananas Milk	Oatmeal Jelly Mango chunks Milk	Corn Flakes Pineapple in 100% Fruit Juice Milk	English Muffin Jelly Mandarin Oranges in 100% Fruit Juice Milk	Bagels Cream Cheese Blueberries Milk

WG = Whole Grain, WW = Whole Wheat
Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.
Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit <a href="https://choosedelicious.com">https://choosedelicious.com</a>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery sent to process food items that do contain nuts.

Please email Tiara Lee, SFCC Food Coordinator, with questions or feedbacks about our menus

## **JANUARY 2025**

# St Francis Children's Center January Lunch Menu - 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Closed 1	2	3
		HAPPY NEW YEAR	Chicken Potato Tacos Shredded Cheddar Cheese Spanish Rice Brussel Sprouts Pears WG Soft Flour Tortilla Milk	Grilled Chicken Nuggets Ketchup Green Beans Bananas Wheat Bread Milk
6	7	8	9	10
Delicious Made Macaroni and Cheese Green Peas Apples WG Delicious-Made Dinner Roll Milk	Ravioli Carrots Grapes Wheat Bread Milk	Beef Nachos Cheddar Cheese Sour Cream Steamed Rice Diced Carrots Orange WG Corn Tortilla Chips Milk	Delicious Made Chicken Parmesan Noodles Broccoli Pear WG Delicious-Made Wheat Bread Milk	Mac and Cheese Green Beans Mandarin Oranges Wheat Bread Milk
13	14	15	16	17
Pesto Pasta with Chicken Green Peas Apple WG Delicious-Made Corn Wheat Bread Milk	Grilled Chicken Nuggets Ketchup Corn Pears in 100% Fruit Juice Wheat Bread Milk	Delicious Made Fajita Chicken Skillet with Cheese Refried Beans Corn Orange WG Soft Wheat Tortilla Milk	Delicious Made Macaroni and Cheese Broccoli Pear WG Delicious-Made Wheat Bread Milk	Ravioli Carrots Mandarin Oranges in 100% Fruit Juice Wheat Bread Milk
MLK Jr. Day 20	21	22	23	24
No School	Mini Corn Dogs Ketchup Green Beans Bananas Wheat Bread Milk	Chicken Parmesan Sandwich Baked French Fries Green Beans Orange WG Delicious-Made Bun Milk	Cheesy Taco Rice Black Beans Pear WG Corn Tortilla Chips Milk	Grilled Chicken Nuggets Corn Apples Wheat Bread Milk
27	28	29	30	31
WG Chicken Nuggets HM Ketchup Rotini Pasta Green Beans Apple WG Delicious-Made Dinner Roll Milk	Mini Corn Dogs Ketchup Green Beans Applesauce Wheat Bread Milk	Delicious Made Three Cheese Pasta Bake Green Peas Orange WG Delicious-Made Wheat Bread Milk	Turkey Ham Wrap Cheddar Cheese Delicious Made Pasta Salad Brussel Sprouts Pear WG Soft Tortilla Milk	Mac and Cheese Peas Strawberries Wheat Bread Milk

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.

Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit <a href="https://choosedelicious.com">https://choosedelicious.com</a>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge.

nut free food items may be processed in machinery used to process food items that do contain nuts.

Please email Tiara Lee, SFCC Food Coordinator, with questions or feedbacks about our menus. Menu Changes will be posted on Procare

## **JANUARY 2025**

# St Francis Children's Center January Snack Menu - 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Closed 1	2	3
		HAPPY NEW YEAR	Ritz Crackers Colby Jack Cheese Water	Apple Cinnamon Muffins Pears in 100% Fruit Juice Water
6	7	8	9	10
Goldfish Peaches in 100% Fruit Juice Water	String Cheese Ritz Crackers Apples Water	Animal Crackers (ICC/FFI Graham Crackers) Pears in 100% Fruit Juice Water	Cheese Its Pineapples in 100% Fruit Juice Water	Banana Muffin Tripple Berry Blend Water
13	14	15	16	17
Crasins (ICC/FFI Special K Bars) Turkey Water	Veggie Straws Peaches in 100 <sup>%</sup> Fruit Juice Water	Goldfish Pineapple Chunks in 100% Fruit Juice Water	String Cheese Turkey Water	Blueberry Muffins Pears in 100% Fruit Juice Water
MLK Jr. Day 20	21	22	23	24
MLK DAY No School	Nutri Grain Bar Peaches in 100 <sup>th</sup> Fruit Juice Water	White Cheese Puffs Grapes Water	Rice Cakes Pineapple in 100% Fruit Juice Water	Chocolate Muffins Diced Mango Water
27	28	29	30	31
Graham Crackers Blueberries Water	Belvita Snack Bananas Water	Special K Bars Apples Water	Nutri Grain Bar Peaches in 100 <sup>% F</sup> ruit Juice Water	Blueberry Muffin Grapes Water

WG = Whole Grain, WW = Whole Wheat Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality. Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit https://choosedelicious.com. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery used to process food items that do contain nuts

Please email Tiara Lee, SFCC Food Coordinator, tlee@sfcckids.org with questions or feedback about our menus. WG = Whole Grain, WW = Whole Wheat