

December 2024



St Francis Children's Center December Breakfast Menu - 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Corn flakes Pineapple in 100% fruit juice Milk	Oatmeal Turkey Mandarin oranges in 100% fruit juice Milk	Waffles Turkey sausage Pears in 100% fruit juice Milk	Cinnamon bread Soy butter Triple berry blend Milk	French toast Peaches in 100% Fruit Juice Milk
9	10	11	12	13
Pancakes Turkey sausage Apples Milk	Croissant Jelly Mango chunks Milk	White bread Jelly Triple berry blend Milk	English muffin Jelly Grapes Milk	Strawberry yogurt Strawberries Milk
16	17	18	19	20
Vanilla yogurt turkey Mango chunks Milk	Bagel Jelly Strawberries Milk	Cinnamon bread Jelly Apples Milk	Rice Krispies Peaches in 100% fruit juice Milk	Oatmeal Grapes Milk
Closed 23	Closed 24	Closed 25	Closed 26	Closed 27

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.

Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit <https://choosedelicious.com>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery sent to process food items that do contain nuts. Please email Tiara Lee, SFCC Food Coordinator, with questions or feedbacks about our menus

December 2024



St Francis Children's Center December Lunch Menu - 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Grilled chicken nuggets Diced carrots strawberries Wheat bread Milk	Delicious-Made Cheeseburger Casserole Broccoli Banana WG Delicious-Made Wheat Bread Milk	Delicious-Made Chicken Teriyaki Meatballs Steamed Rice Cauliflower Orange WG Delicious-Made Wheat Bread Milk	Mac and cheese Green beans Bananas White bread Milk	Hoagie Sandwich: Turkey Salami & Swiss Cheese on WG Delicious-Made Sub Bread Sweet Potato Fries Roasted Green Beans Diced Fresh Fruit Milk
9	10	11	12	13
Mini corn dogs Green beans Mandarin oranges in 100% fruit juice Wheat bread Milk	Beef Taco Shredded Cheddar Cheese Spanish Black Beans Broccoli Banana WG Soft Flour Tortilla*	Delicious-Made Macaroni & Cheese Roasted Vegetables Orange WG Delicious-Made Cornbread Milk	Ravioli Peas Bananas Wheat bread Milk	Delicious-Made Chicken Sausage Delicious-Made WG Pancakes Delicious-Made Honey Syrup Cauliflower Diced Fresh Fruit Milk
16	17	18	19	20
Mini corn dogs Peaches in 100% fruit juice peas Wheat bread Milk	Cheese Quesadilla on Soft WG Flour Tortilla Steamed Rice Broccoli Banana Milk	Delicious-Made Macaroni & Cheese Green Peas Orange WG Delicious-Made Wheat Bread Milk	Grilled chicken nuggets Diced carrots Applesauce Wheat bread Milk	Delicious-Made Cheesy Chicken & Rice Brussel Sprouts Diced Fresh Fruit WG Delicious-Made Wheat Bread Milk
Closed 23	Closed 24	Closed 25	Closed 26	Closed 27

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December 2024



St Francis Children's Center December Snack Menu - 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Graham crackers Blueberries Water	Belvita Snack Mango chunks Water	Special k bars Apples Water	Nutri grain bar Peaches in 100% fruit juice Water	Blueberry muffin Grapes Water
9	10	11	12	13
Ritz crackers Colby jack Pears in 100% fruit Water	Veggie straws Peaches in 100% fruit juice Water	Goldfish Pineapple chunks in 100% juice Water	String cheese peaches in 100% fruit juice Water	Lemon Cran Muffins Pears in 100% fruit juice Water
16	17	18	19	20
Tortilla chips Salsa (ICC, YT, FF Special K bars & string cheese) Water	Cucumber Ranch Pears in 100% fruit juice Water	Animal crackers (ICC graham crackers) Triple berry blend Water	Cheese its Pineapples in 100% fruit juice Water	Banana Muffin Mandarin oranges in 100% fruit juice Water
Closed 23	Closed 24	Closed 25	Closed 26	Closed 27

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