



St Francis Children's Center Breakfast Menu March- 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		March 1 Vanilla Yogurt Nutri Grain Bars Oranges Milk	March 2 Maple Brown Sugar Oatmeal Pineapple in 100% Juice Milk	March 3 Pancake Sugar free Syrup Turkey sausage Blueberries Milk
March 6 Blueberry Cheerios Mandarin Oranges Milk	March 7 English Muffin Soy Butter Pear in 100% Fruit Juice Milk	March 8 Bagel Cream Cheese Grapes Milk	March 9 Cheddar Cheese Omelet Turkey Sausage Apples Milk	March 10 Tortilla Cheddar Cheese Turkey Oranges Milk
March 13 Corn Flakes/ Cheerios Blueberries Milk	March 14 Waffle Sugar Free Syrup Turkey Sausage Strawberries Milk	March 15 Strawberry Yogurt String Cheese Pineapple In 100% Fruit Juice Milk	March 16 Raisin Bread Jelly Grapes Milk	March 17 WW Bread Jelly Frozen Mango Milk
March 20 Rice Krispies Blueberries Milk	March 21 Tortilla Cheddar Cheese Turkey Applesauce Milk	March 22 Jimmy Deans Biscuit Pork Sausage Egg And Cheese Milk	March 23 Waffle Sugar Free Syrup Turkey Sausage Pineapple In 100% Juice Milk	March 24 Nuri Grain Bar String Cheese Pear In 100% Fruit Juice Milk
March 27	March 28	March 29	March 30	March 31
				

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.

Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit <https://choosedelicious.com>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery used to process food items that do contain nuts.

Please email Megan Millan, SFCC Food Coordinator, at mmillan@sfckids.org for questions or feedbacks about our menus.



St Francis Children's Center Lunch Menu March –2023


Monday

Tuesday

Wednesday

Thursday

Friday

		March 1	March 2	March 3
		Chicken With Delicious Made Marinara Sause Rotini Pasta Green Beans Milk	Delicious Made Beef Taco Shredded Cheddar Cheese Shredded Lettuce Corn Pear WG Soft Tortilla Milk	Mini Chicken Corn Dogs Delicious Made Ketchup Broccoli Watermelon Milk
March 6	March 7	March 8	March 9	March 10
Delicious Made Macaroni and Cheese Broccoli Apple WG Delicious Made Bread Milk	Turkey Ham Wrap Shredded Lettuce Shredded Cheddar Cheese Diced Carrots Banana WG Soft Flour Tortilla Milk	Delicious Made Baked Beef Mostaccioli Sautéed Cabbage Oranges WG Delicious Made Bread Milk	Delicious Made Fajita Beef Skillet Shredded Lettuce Spinach Rice Green Peas Pear WG Soft Tortilla	Delicious Made Cheese Pizza Roasted Green Beans Cantaloupe Milk
March 13	March 14	March 15	March 16	March 17
WG Chicken Nuggets Delicious Made Ketchup Mashed potatoes Green Beans Oranges WG Delicious Made Dinner Roll Milk	Delicious Made Chicken Noodle Casserole Broccoli Banana WG Delicious Made Bread Milk	Beef Nachos Shredded Cheddar Cheese Sour Cream Spanish Black Beans Apple WG Tortilla Chips Milk	Delicious Made Macaroni and Cheese Green Beans Pear WG Delicious Made Diner Roll Milk	Delicious Made Cheese Pizza Roasted Vegetables Pine Melon Milk
March 20	March 21	March 22	March 23	March 24
Delicious Made Italian Beef Meatballs In Delicious- Made Marinara sauce Penne Pasta Green Beans Orange WG Delicious Made Dinner Roll Milk	Delicious Made Chicken Tacos Shredded Cheddar Cheese Shredded Lettuce Diced Carrots Banana WG Soft Flour Tortilla Milk	Delicious Made Beef Meatballs/ Gravy Mashed potatoes Green Peas Cantaloupe WG Delicious Made Roll Milk	Delicious Made Beef Quesadilla Refried Beans Cilantro Cauliflower rice Watermelon Milk	WG Chicken Nuggets Delicious Made Ketchup Mashed potatoes Green Beans Orange WG Delicious Made Dinner Roll Milk
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St Francis Children's Center Snack Menu March –2023

Monday	Tuesday	Wednesday	Thursday	Friday
		March 1 Cheez Its Apples Water	March 2 Nabisco Graham Crackers (No Honey) Raisins Water	March 3 Blueberry Muffins Water
March 6 Bread Jelly Blueberries	March 7 Goldfish Oranges Water	March 8 Chips Salsa Water	March 9 Ritz Crackers Humus Water	March 10 Lemon Cranberry Muffin Water
March 13 Veggie Straws Frozen Mango Water	March 14 Rice Cakes Cucumber Ranch Water	March 15 Ritz Cracker Turkey Colby Jack Cheese Water	March 16 WW Bread Jelly Strawberries Water	March 17 Apple Cinnamon Muffins Water
March 20 Ritz Crackers Summer Sausage Cheddar Cheese Pear In 100% Fruit Juice Water	March 21 Nabisco Graham Crackers (no Honey) Blueberries	March 22 String Cheese Pineapple In 100% Fruit Juice Water	March 23 Veggie straws Craisins	March 24 Blueberry Muffins Water
March 27	March 28	March 29	March 30	March 31
				

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