




St Francis Children's Center Breakfast Menu January - 2023

Monday	Tuesday	Wednesday	Thursday	Friday
January 2 	January 3 Rice Krispies Cereal Peaches in 100% Fruit Juice Milk	January 4 Waffles Sugar Free Syrup Turkey Sausage Mandarin Oranges Milk	January 5 Bagel Cream Cheese Turkey Sausage Pineapple in 100% Fruit Juice Milk	January 6 Maple Brown Sugar Oatmeal Applesauce Organic String Cheese Milk
January 9 Blueberry Cheerios Strawberries Milk	January 10 Pancake Sugar Free Syrup Turkey Sausage Grapes Milk	January 11 WW Raisin Bread Soy Butter Frozen Mango Milk	January 12 Soft Tortilla Cheddar cheese Turkey Mandarin Oranges in 100% Fruit Juice Milk	January 13 Nutri Grain Bar Vanilla Yogurt Frozen Blueberries Milk
January 16 Closed	January 17 Cheerios /Corn flacks Frozen Strawberries Milk	January 18 Cheddar Cheese Omelet Turkey Sausage Cucumber Ranch Milk	January 19 English Muffin Jelly String Cheese Applesauce Milk	January 20 Waffles Sugar Free Syrup Cheddar Cheese Pears in 100% Fruit Juice Milk
January 23 Rice Krispy Cereal Bananas Milk	January 24 Strawberry Yogurt Turkey Sausage Oranges Milk	January 25 Maple Brown Sugar Oatmeal Cheddar Cheese Peaches in 100% Fruit Juice Milk	January 26 Nutri Grain Bar Organic String Cheese Frozen Blueberries Milk	January 27 WW Bread Jelly Frozen Strawberries Milk
January 30 Blueberry Cheerios Frozen Mango Milk	January 31 Cheddar Cheese Omelet Deli Chicken Apples Milk			

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.


Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit <https://choosedelicious.com>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery used to process food items that do contain nuts.

Please email Megan Millan, SFCC Food Coordinator, at mmillan@sfcckids.org for questions or feedbacks about our menus.



St Francis Children's Center Lunch Menu January –2023

Monday	Tuesday	Wednesday	Thursday	Friday
January 2	January 3	January 4	January 5	January 6
	Delicious Made Chicken Parmesan W/Noodles Green Peas Banana WG Delicious Made Bread Milk	Chicken With Delicious Made Marinara Sauce Rotini Pasta Green Beans Apple WG Delicious Made Bread Milk	Delicious Made Beef Taco Shredded Cheddar Cheese Corn Pear WG Soft Tortilla Milk	Mini Chicken Corn Dogs Delicious Made Ketchup Broccoli Watermelon WG Delicious Made Corn Bread Milk
January 9	January 10	January 11	January 12	January 13
Delicious Made Mac and Cheese Broccoli Apple WG Delicious Made Bread Milk	Delicious Made Chicken Taco Shredded Cheddar Cheese Shredded lettuce Steamed rice Diced Carrots Banana WG Soft Tortilla Milk	Delicious Made Baked Beef Mostaccioli Sautéed Cabbage Orange WG Delicious Made Bread Milk	New- Delicious Made Beef Fajita Skillet Shredded Lettuce Spanish Rice Green Peas Pear WG Soft Tortilla	Delicious Made Cheese Pizza Roasted Green Beans Cantaloupe Milk
January 16	January 17	January 18	January 19	January 20
Closed	Delicious Made Chicken Noodle Casserole Broccoli Banana WG Delicious Made Bread Milk	Beef Nachos Shredded Cheddar Cheese Sour Cream Spanish Black Beans Apple Milk	Delicious Made Macaroni and Cheese Green Peas Pear WG Delicious-Made Bread Milk	Delicious Made Cheesy Chicken and Rice Roasted Vegetables Melon WG Delicious Made Dinner Rolls Milk
January 23	January 24	January 25	January 26	January 27
New- Delicious Made Three Cheese Pasta Bake Brussel Sprouts Apple WG Delicious Made Dinner Roll Milk	Delicious Made Chicken Tacos Shredded Cheddar Cheese Shredded Lettuce Banana WG Soft Flour Tortilla Milk	Delicious Made Beef Meatballs/Gravy Mashed Potato's Green Beans Cantaloupe WG Delicious Made Roll Milk	Delicious Made Beef And Cheese Enchiladas Cilantro Cauliflower Rice Watermelon	WG Chicken Nuggets Delicious Made Ketchup Mashed Potatoes Green Beans Orange WG Delicious Made Dinner Roll
January 30	January 31			
Delicious Made BBQ Beef Meatballs Stemmed Rice Carrot Mash Oranges WG Delicious Made Bread Milk	Delicious Made Mac and Cheese Green Peas Banana WG Delicious Made Bread Milk			

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.


Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit <https://choosedelicious.com>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery used to process food items that do contain nuts.

Please email Megan Millan, SFCC Food Coordinator, at mmillan@sfckids.org for questions or feedbacks about our menus.



St Francis Children's Center Snack Menu January –2023

Monday	Tuesday	Wednesday	Thursday	Friday
January 2	January 3	January 4	January 5	January 6
	Cinnamon Raisin Bread Jelly Frozen Mango Water	Ritz Crackers Turkey cheddar Cheese Water	Nabisco Graham Crackers (No Honey) Raisins Water	Blueberry Muffins Water
January 9	January 10	January 11	January 12	January 13
Cheddar Rice Cakes Apples Water	Strawberry Yogurt Oranges Veggie Straws Water	Cheddar Cheese Cucumber Ranch Water	Ritz Crackers Humus Water	Apple Cinnamon Muffins Water
January 16	January 17	January 18	January 19	January 20
WW Animal Crackers Frozen organic Mango Water	WW Bread Turkey Cheddar Cheese Water	Cheez- it Crackers Frozen Blueberries Water	Apple Ritz Crackers Soy Butter Water	Lemon Cranberry Muffin Water
January 23	January 24	January 25	January 26	January 27
Organic String Cheese Goldfish Water	Cinnamon Raisin Bread Cream Cheese Fresh Strawberries Water	Fresh Cheese Curds Beef Summer Sausage Ritz Cracker Water	Fruit leathers Cheez It Crackers Water	Blueberry Muffins Water
January 30	January 31			
Veggie Straws Banana Water	Nabisco Graham Crackers (No Honey) Peaches in 100% Fruit Juice Milk			

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.

Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit <https://choosedelicious.com>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery used to process food items that do contain nuts.

Please email Megan Millan, SFCC Food Coordinator, at mmillan@sfcckids.org for questions or feedbacks about our menus.