




St Francis Children's Center Breakfast Menu – June 2022

Monday	Tuesday	Wednesday	Thursday	Friday
		June 1	June 2	June 3
		Nonfat Greek Vanilla Yogurt Blueberries Milk	Pancake Low Sugar Syrup Turkey Sausage Pineapple in 100% Fruit Juice Milk	Soft Tortilla Colby Jack Cheese Turkey Ham Mandarin Oranges Milk
June 6	June 7	June 8	June 9	June 10
Rice Krispies Cereal Peaches in 100% Fruit Juice Milk	Raisin Bread Grape Jelly Organic Mangos Milk	Cheddar Cheese Omelet Strawberries Milk	WW Waffles Low-Sugar Syrup Turkey Sausages Applesauce Milk	WW Bread Colby Jack Cheese Turkey Ham Pears in 100% Fruit Juice Milk
June 13	June 14	June 15	June 16	June 17
Very Berry Cheerios Pineapple in 100% Fruit Juice Milk	English Muffin Cream Cheese Blueberries Milk	Strawberry Yogurt Mandarin Oranges Milk	Organic Maple and Brown Sugar Oatmeal Banana Milk	WW Bagel Strawberry Jelly Peaches in 100% Fruit Juice Milk
June 20	June 21	June 22	June 23	June 24
 School Closed!	Cheerios/Corn Flakes Pears in 100% Fruit Juice Milk	Pancake Low-Sugar Syrup Organic Mangos Milk	Cheddar Cheese Omelet Turkey Sausage Strawberries Milk	Nonfat Greek Vanilla Yogurt Peaches in 100% Fruit Juice Milk
June 27	June 28	June 29	June 30	
Rice Krispies Cereal Applesauce Milk	WW Bread Soy Butter Mandarin Oranges Milk	Organic Maple and Brown Sugar Oatmeal Blueberries Milk	Soft Tortilla Colby Jack Cheese Turkey Ham Pineapple in 100% Fruit Juice Milk	

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.

Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.

For a full listing of ingredients, visit <https://deliciousdaycaremeals.com>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items.

The factories from which food items are ordered acknowledge nut free food items may be processed in machinery used to process food items that do contain nuts.

Please email Mariamgelly Guadalupe, SFCC Food Coordinator, at mguadalupe@sfcckids.org for questions or feedbacks about our menus.



St Francis Children's Center Lunch Menu – June 2022

Monday	Tuesday	Wednesday	Thursday	Friday
		June 1	June 2	June 3
		WG Beef Quesadilla Cauliflower Pine-Melon Milk	Italian Meatballs in Marinara Sauce Rotini Pasta Butternut Squash Pear WG Home-Made Bread Milk	Cheeseburger Casserole Roasted Vegetables Mixed Melon WG Home-Made Bread Milk
June 6	June 7	June 8	June 9	June 10
BBQ Diced Turkey Steamed Rice Peas and Carrots Applesauce WG Home-Made Dinner Roll Milk	Salisbury Meatballs Penne Pasta Green Beans Banana WG Home-Made Bread Milk	Macaroni and Cheese Diced Carrots Pear WG Home-Made Bread Milk	Cheese Ravioli in Marinara Sauce Broccoli Orange WG Home-Made Bread Milk	Home-Made Cheese Pizza Green Peas Mixed Melon Milk
June 13	June 14	June 15	June 16	June 17
Baked Mostaccioli Diced Carrots Applesauce WG Home-Made Bread Milk	Chicken Nuggets Home-Made Ketchup Mashed Potatoes Broccoli Banana WG Home-Made Bread Milk	Chicken Nachos Shredded Cheddar Cheese Sour Cream Roasted Peppers Mixed Melon WG Corn Tortilla Chips Milk	Chicken Fried Rice Cauliflower Orange WG Home-Made Bread Milk	Cheese Ravioli in Marinara Sauce Green Peas Apple WG Home-Made Bread Milk
June 20	June 21	June 22	June 23	June 24
 School Closed!	Macaroni and Cheese Brussel Sprouts Banana WG Home-Made Bread Milk	Turkey w/Country Gravy Penne Pasta Green Beans Honeydew WG Home-Made Corn Bread Milk	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Cauliflower Apple WG Soft Tortilla Milk	WG Home-Made Turkey Pepperoni and Cheese Pizza Broccoli Mixed Melon Milk
June 27	June 28	June 29	June 30	
Baked Beef Mostaccioli Sauteed Cabbage Orange WG Home-Made Bread Milk	Turkey and Gravy Steamed Rice Green Peas Banana WG Home-Made Dinner Roll Milk	WG Beef Quesadilla Cauliflower Pine-Melon Milk	Italian Meatballs in Marinara Sauce Rotini Pasta Butternut Squash Pear WG Home-Made Bread Milk	

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St Francis Children's Center Snack Menu – June 2022

Monday	Tuesday	Wednesday	Thursday	Friday
		June 1	June 2	June 3
		Ritz Crackers Original Hummus Milk	Veggie Straws Raisins Milk	Blueberry Muffin Milk
June 6	June 7	June 8	June 9	June 10
Cheddar Rice Cakes Milk	Cucumbers Ranch Organic String Cheese Milk	WW Organic Animal Crackers Milk	Red or Green Seedless Grapes Craisins Milk	Banana Muffin Milk
June 13	June 14	June 15	June 16	June 17
Cheez-It Crackers Milk	Apple Soy Butter Organic String Cheese Milk	Ritz Crackers Original Hummus Milk	100% Fruit Leather Raisins Milk	Apple Cinnamon Muffin Milk
June 20	June 21	June 22	June 23	June 24
 <b style="color: red;">School Closed!	Cheddar Rice Cakes Milk	Red or Green Seedless Grapes Craisins Milk	Cucumbers Ranch Organic String Cheese Milk	Veggie Straws Raisins Milk
June 27	June 28	June 29	June 30	
Goldfish Crackers Milk	Applesauce Organic String Cheese Milk	100% Fruit Leather Raisins Milk	WW Animal Crackers Milk	

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