



St Francis Children's Center Breakfast Menu – May 2022

Monday

Tuesday

Wednesday

Thursday

Friday

May 2	May 3	May 4	May 5	May 6
Rice Krispies Cereal Mandarin Oranges Milk	Bagel Cream Cheese Pineapple in 100% Fruit Juice Milk	Three Cheese Omelet Turkey Sausage Strawberries Milk	Waffle Low-Sugar Syrup Turkey Sausage Organic Mangos Milk	Strawberry Yogurt Pears in 100% Fruit Juice Milk
May 9	May 10	May 11	May 12	May 13
Very Berry Cheerios Peaches in 100% Fruit Juice Milk	WW Raisin Bread Grape Jelly Organic Berry Blend Milk	Organic Maple and Brown Sugar Oatmeal Banana Milk	English Muffin Low-Sugar Strawberry Jelly Watermelon Milk	Soft Flour Tortilla Colby Jack Cheese Turkey Ham Mandarin Oranges Milk
May 16	May 17	May 18	May 19	May 20
Cheerios/Corn Flakes Pineapple in 100% Fruit Juice Milk	Pancake Low-Sugar Syrup Turkey Sausage Organic Mangos Milk	WW Bread Colby Jack Cheese Turkey Ham Pears in 100% Fruit Juice Milk	Nonfat Greek Vanilla Yogurt Blueberries Milk	WW Raisin Bread Low-Sugar Strawberry Jelly Strawberries Milk
May 23	May 24	May 25	May 26	May 27
Rice Krispies Cereal Peaches in 100% Fruit Juice Milk	Organic Maple and Brown Sugar Oatmeal Mandarin Oranges Milk	Bagel Cream Cheese Applesauce Milk	Three Cheese Omelet Turkey Sausage Watermelon Milk	Waffle Low-Sugar Syrup Organic Berry Blend Milk
May 30	May 31			
Very Berry Cheerios Pineapple in 100% Fruit Juice Milk	Strawberry Yogurt Blueberries Milk			

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.

Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.

For a full listing of ingredients, visit <https://deliciousdaycaremeals.com>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items.

The factories from which food items are ordered acknowledge nut free food items may be processed in machinery used to process food items that do contain nuts.

Please email Mariamgelly Guadalupe, SFCC Food Coordinator, at mguadalupe@sfcckids.org for questions or feedbacks about our menus.



St Francis Children's Center Lunch Menu – May 2022

Monday

Tuesday

Wednesday

Thursday

Friday

May 2	May 3	May 4	May 5	May 6
Chicken Nuggets HM Ketchup Rotini Pasta Sautéed Cabbage Orange WG Home-Made Bread Milk	Turkey and Gravy Steamed Rice Green Peas Banana WG Home-Made Dinner Roll Milk	WG Beef Quesadilla Cauliflower Pine-Melon Milk	Italian Meatballs In Marinara Sauce Rotini Pasta Butternut Squash Pear WG Home-Made Bread Milk	Chicken Tacos Shredded Cheddar Cheese Shredded Lettuce Roasted Vegetables Mixed Melon WG Soft Flour Tortilla Milk
May 9	May 10	May 11	May 12	May 13
Fiesta Chicken Steamed Rice Peas and Carrots Applesauce WG Corn Tortilla Chips Milk	Salisbury Meatballs Penne Pasta Green Beans Banana WG Home-Made Dinner Roll Milk	Macaroni and Cheese Diced Carrots Pears WG Home-Made Bread Milk	Cheese Ravioli in Marinara Broccoli Orange WG Home-Made Bread Milk	Chicken Parmesan w/Noodles Green Peas Mixed Melon WG Home-Made Bread Milk
May 16	May 17	May 18	May 19	May 20
Baked Mostaccioli Diced Carrots Applesauce WG Home-Made Bread Milk	Chicken Nuggets HM Ketchup Mashed Potatoes Broccoli Banana WG Home-Made Bread Milk	Chicken Nachos Shredded Cheddar Cheese Sour Cream Roasted Peppers Mixed Melon WG Corn Tortilla Chips Milk	Turkey Hot Dog HM Ketchup Baked Slice Potatoes Cauliflower Orange WG Hot Dog Bun Milk	Cheese Ravioli in Marinara Sauce Green Peas Apple WG Home-Made Bread Milk
May 23	May 24	May 25	May 26	May 27
BBQ Pulled Chicken Baked French Fries Diced Carrots Orange WG Home-Made Bun Milk	Beef Sloppy Joe Diced Sweet Potatoes Brussels Sprouts Banana WG Home-Made Bun Milk	Turkey w/ Country Gravy Penne Pasta Green Beans Honeydew WG Home-Made Corn Bread Milk	Beef Tacos Shredded Lettuce Shredded Cheddar Cheese Cauliflower Apple WG Soft Tortilla Milk	Turkey Pepperoni and Cheese Pizza Broccoli Mixed Melon Milk
May 30	May 31			
Baked Beef Mostaccioli Sautéed Cabbage Orange WG Home-Made Bread Milk	Lemon Chicken Steamed Rice Green Peas Banana WG Home-Made Dinner Roll Milk			

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St Francis Children's Center Snack Menu – May 2022

Monday

Tuesday

Wednesday

Thursday

Friday

May 2	May 3	May 4	May 5	May 6
Cheez-it Crackers Milk	Applesauce Organic String Cheese Milk	Veggie Straws Craisins Milk	100% Fruit Leather Raisins Milk	Apple Cinnamon Muffin Milk
May 9	May 10	May 11	May 12	May 13
WW Organic Animal Crackers Milk	Seedless Grapes Craisins Milk	Cucumbers Ranch Organic String Cheese Milk	Goldfish Crackers Milk	Ritz Crackers Classic Hummus Raisins Milk
May 16	May 17	May 18	May 19	May 20
Cheddar Rice Cakes Milk	Mandarin Oranges Organic String Cheese Milk	That's It! Mini Fruit Bar Raisins Milk	Apple Soy Butter Craisins Milk	Blueberry Muffin Milk
May 23	May 24	May 25	May 26	May 27
Cheez-It Crackers Milk	100% Fruit Leather Craisins Milk	Seedless Grapes Raisins Milk	Cucumbers Ranch Organic String Cheese Milk	Apple Cinnamon Muffin Milk
May 30	May 31			
Goldfish Crackers Milk	Ritz Crackers Classic Hummus Raisins Milk			

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Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.

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