



## St Francis Children's Center Breakfast Menu February- 2023

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>February 1</b>	<b>February 2</b>	<b>February 3</b>
		Waffle Sugar Free Syrup Turkey Sausage Blueberries Milk	Maple Brown Sugar Oatmeal Peaches In 100% Fruit Juice Milk	Tortilla Cheddar Cheese Turkey Applesauce Milk
<b>February 6</b>	<b>February 7</b>	<b>February 8</b>	<b>February 9</b>	<b>February 10</b>
Blueberry Cheerios Strawberries Milk	English Muffin Soy Butter Pear in 100% Fruit Juice Milk	Bagel Cream Cheese Grapes Milk	Cheddar Cheese Omelet Turkey Sausage Apples Milk	Raisin Bread Jelly Oranges Milk
<b>February 13</b>	<b>February 14</b>	<b>February 15</b>	<b>February 16</b>	<b>February 17</b>
Corn Flakes/ Cheerios Pineapple In 100% Fruit Juice Milk	Strawberry Yogurt Nutri Grain Bar Peaches In 100% Fruit Juice Milk	Pancake Sugar Free Syrup Turkey Sausage Blueberries Milk	Maple Brown Sugar Oatmeal Frozen Mango Milk	WW Bread Jelly Mandarin Oranges Milk
<b>February 20</b>	<b>February 21</b>	<b>February 22</b>	<b>February 23</b>	<b>February 24</b>
Rice Krispies Oranges Milk	Croissant Jelly Mandarin Orange In 100% Fruit Juice	Waffle Sugar Free Syrup Turkey Sausage Pineapple In 100% Juice Milk	Nuri Grain Bar String Cheese Pear In 100% Fruit Juice Milk	Jimmy Deans Biscuit Pork Sausage Egg And Chesses
<b>February 27</b>	<b>February 28</b>			
Blueberry Cheerios Frozen Mango Milk	Nabisco Graham Crackers (No Honey) Blueberries			

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.

Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit <https://choosedelicious.com>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery used to process food items that do contain nuts.

Please email Megan Millan, SFCC Food Coordinator, at [mmillan@sfcckids.org](mailto:mmillan@sfcckids.org) for questions or feedbacks about our menus.



## St Francis Children's Center Lunch Menu February –2023

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

WG = Whole Grain, WW = Whole Wheat

		<b>February 1</b> Delicious Made Cheesy Potato Turkey Casserole Green Beans Apple WG Delicious Made Dinner Roll Milk	<b>February 2</b> Delicious Made Beef Taco Shredded Cheddar Cheese Shredded Lettuce Corn Pear WG Soft Tortilla Milk	<b>February 3</b> Mini Chicken Corn Dogs Delicious Made Ketchup Broccoli Watermelon Milk
<b>February 6</b> Delicious Made Mac And Cheese Broccoli Apple WG Delicious Made Bread Milk	<b>February 7</b> Turkey Ham Wrap Shredded Cheddar Cheese Shredded lettuce Diced Carrots Banana WG Soft Tortilla Milk	<b>February 8</b> Delicious Made Baked Beef Mostaccioli Sautéed Cabbage Orange WG Delicious Made Bread Milk	<b>February 9</b> <i>New-</i> Delicious Made Beef Fajita Skillet Shredded Lettuce Spanish Rice Green Peas Pear WG Soft Tortilla	<b>February 10</b> Delicious Made Cheese Pizza Roasted Green Beans Cantaloupe Milk
<b>February 13</b> WG Chicken Nuggets Delicious Made Ketchup Mashed Potatoes Green Beans Oranges WG Delicious Made Dinner Roll Milk	<b>February 14</b> Delicious Made Chicken Noodle Casserole Broccoli Banana WG Delicious Made Bread Milk	<b>February 15</b> Beef Nachos Shredded Cheddar Cheese Sour Cream Spanish Black Beans Apple WG Tortilla Chips Milk	<b>February 16</b> Delicious Made Macaroni And Cheese Green Peas Pear WG Delicious-Made Dinner Roll Milk	<b>February 17</b> Delicious Made Chicken and Rice Bake Roasted Vegetables Melon WG Delicious Made Dinner Rolls Milk
<b>February 20</b> <i>New-</i> Delicious Made Three Cheese Pasta Bake Brussel Sprouts Apple WG Delicious Made Dinner Roll Milk	<b>February 21</b> Cheeseburger Casserole Diced Carrots Banana WG Delicious Made Diner Roll Milk	<b>February 22</b> Delicious Made Beef Meatballs/Gravy Mashed Potatoes Green Peas Cantaloupe WG Delicious Made Roll Milk	<b>February 23</b> Delicious Made Beef Quesadilla Refried Beans Cilantro Cauliflower Rice Watermelon Milk	<b>February 24</b> WG Chicken Nuggets Delicious Made Ketchup Mashed Potatoes Green Beans Orange WG Delicious Made Dinner Roll
<b>February 27</b> Delicious Made BBQ Beef Meatballs Steamed Rice Carrot Mash Oranges WG Delicious Made Bread Milk	<b>February 28</b> Delicious Made Chicken Parmesan W/ Noddle's Green Peas Banana WG Delicious Made Bread Milk			

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## St Francis Children's Center Snack Menu February –2023

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.

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		<b>February 1</b>	<b>February 2</b>	<b>February 3</b>
		Chips Salsa Water	Nabisco Graham Crackers (No Honey) Raisins Water	Blueberry Muffins Water
<b>February 6</b>	<b>February 7</b>	<b>February 8</b>	<b>February 9</b>	<b>February 10</b>
String Cheese Pineapple In 100% Fruit Juice Water	Veggie Straws Strawberries Frozen Mango Water	Cheeze Its Apples Water	Ritz Crackers Hummus Water	Apple Cinnamon Muffins Water
<b>February 13</b>	<b>February 14</b>	<b>February 16</b>	<b>February 17</b>	<b>February 18</b>
Fruit leather Goldfish Water	Animal Crackers Craisins Water	Ritz Cracker Turkey Colby Jack Cheese Water	Vanilla Yogurt Cheeze Its Water	Lemon Cranberry Muffin Water
<b>February 20</b>	<b>February 21</b>	<b>February 22</b>	<b>February 23</b>	<b>February 24</b>
Ritz Crackers Summer Sausage Cheddar Cheese Pear In 100% Fruit Juice Water	Rice Cakes Cucumber Ranch Water	Goldfish Oranges Water	WW Bread Jelly Strawberries Water	Blueberry Muffins Water
<b>February 27</b>	<b>February 28</b>			
Veggie Straws Strawberries Water	Ritz Crackers Hummus Milk			

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