



St Francis Children's Center Breakfast Menu May - 2024

Monday	Tuesday	Wednesday	Thursday	Friday
		May 1	May 2	May 3
		Waffle Turkey Sausage Wild Berries Milk	English Muffin Jelly Grapes Milk	Croissant Jelly Banana Milk
May 6	May 7	May 8	May 9	May 10
Corn Flakes/ Cheerios Mandarin Oranges Milk	Strawberry Yogurt Turkey sausage Pears Milk	Cinnamon Bread Soy Butter Applesauce Milk	Pancake Turkey sausage Frozen Mango Milk	Waffle Pear in 100% Fruit Juice Turkey sausage Milk
May 13	May 14	May 15	May 16	May 17
Rice Krispy Cereal Wild Berries Milk	Bagel Cream Cheese Pineapple in 100% Fruit Juice Milk	WW Bread Soy Butter Triple Berry Blend Milk	Pancake Turkey Sausage Strawberries Milk	Cinnamon French Toast Sticks Applesauce Milk
May 20	May 21	May 22	May 23	May 24
Blueberry Cheerios Mandarin Oranges in 100% Fruit Juice Milk	Oatmeal Turkey Sausage Peaches in 100% Fruit Juice Milk	Vanilla Yogurt Grapes Milk	Tortilla Coby Jack Cheese Turkey Peaches in 100% Fruit Juice Milk	Cheese Omelette Apples Turkey Sausage Milk
May 27	May 28	May 29	May 30	May 31
	Bagel Soy butter Pineapple In 100% Fruit Juice Milk	Oatmeal Turkey Sausage Pear in 100% Fruit Juice Milk	Special K Bars Turkey Sausage Peaches in 100% Fruit Juice Milk	WW Bread Jelly Banana Milk

WG = Whole Grain, WW = Whole Wheat

Milk and water served with every meal. Fresh fruit & vegetables are subject to change based upon availability and quality.

Lunches are prepared & delivered to our kitchen by: Delicious by Quality Catering, Lake Villa, IL.2

For a full listing of ingredients, visit <https://choosedelicious.com>. St. Francis Children's Center maintains a nut free kitchen and uses only nut free food items. The factories from which food items are ordered acknowledge nut free food items may be processed in machinery used to process food items that do contain nuts.

Please email Megan Millan, SFCC Food Coordinator, atfor questions or feedbacks about our menus.



St Francis Children's Center Lunch Menu May –2024

Monday

Tuesday

Wednesday

Thursday

Friday

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		May 1 Delicious Made Creamy Chicken Alfredo W/ Penne Pasta Peas Orange Delicious Made WG Wheat Bread Milk	May 2 Delicious Made Beef Nachos Shredded Cheddar Cheese Sour Cream Spanish Rice Diced Carrots Pears WG Corn Tortilla Chips Milk	May 3 Delicious Made WG Beef Pepperoni and Cheese Pizza Brussel Sprouts Diced Fruit Milk
May 6 Delicious Made Baked Ziti Pasta w/ Chicken Diced Carrots Apple Delicious- Made WG Dinner Roll Milk	May 7 Crispy Chicken Tender Wrap Shredded Cheddar Cheese Spanish Black Beans Broccoli Banana WG Soft Flour Tortilla Milk	May 8 Delicious Made Macaroni and Cheese Roasted Vegetables Orange Delicious Made WG Corn Bread Milk	May 9 Delicious Made Chicken Sausage Delicious Made WG Pancakes Delicious made Syrup Baked Sliced Potatoes Pear Milk	May 10 Hoagie Sandwich Turkey Salami and Swiss Cheese on a Delicious Made WG Sub Bread Baked Sweet Potato Fries Cauliflower Diced Fresh Fruit Milk
May 13 Delicious Made Pulled Pork BBQ Chicken Sandwich Rotini Pasta Carrot Mash Apple Delicious Made WG Bun Milk	May 14 Delicious Made Italian Chicken Oven Browned Potatoes Green Peas Banana Delicious Made WG Wheat Bread Milk	May 15 Delicious Made Chicken Cheese Steak Sandwich Mozzarella Cheese Broccoli Orange Delicious Made WG sub Bread Milk	May 16 Mini Chicken Corn Dogs Steamed Rice Brussel Sprouts Pear Milk	May 17 Delicious Made Chicken Sausage Pizza Green Beans Diced Fresh Fruit Milk
May 20 WG Chicken Nuggets Baked French Fries Green Peas Apple Delicious Made WG Dinner Roll Milk	May 21 Delicious Made Cheeseburger Casserole Broccoli Banana Delicious made Wheat Bread Milk	May 22 Delicious Made Chicken Teriyaki Steamed Rice Cauliflower Orange Delicious Made WG Wheat Bread Milk	May 23 Delicious Made Three Cheese Pasta Bake Sauteed Cabbage Pear Delicious Made WG Wheat Bread Milk	May 24 Delicious Made Beef Sloppy Joes Rainbow Potatoes Roasted Green Beans Diced Fruit Delicious Made WG Bun Milk
May 27 	May 28 Delicious Made Cheese Quesadilla on WG Soft Tortilla Steamed Rice Broccoli Banana Milk	May 29 Delicious- Made Salisbury Steak Mashed Potatoes Green Peas Orange Delicious-Made WG Corn Bread Milk	May 30 Delicious- Made Beef Nachos Shredded Cheddar Cheese Sour Cream Spanish Rice Diced Carrots Pear Corn Tortilla Chips Milk	May 31 Delicious Made Cheesy Chicken Rice Brussel Sprouts Diced Fresh Fruit Delicious- Made WG Wheat Bread Milk

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Menu Changes will be posted on Procure.



St Francis Children's Center Snack Menu May –2024


Monday

Tuesday

Wednesday

Thursday

Friday

		May 1	May 2	May 3
		Veggie Straws Applesause Water	Summer Sausage Ritz Crackers Coby Jack Cheese Water	Apple Cinnamon Muffins Grapes Water
May 6	May 7	May 8	May 9	May 19
Cheese Its Pear in 100% Fruit Juice Water	Nutri Grain Bars String Cheese Water	Nabisco Graham Crackers (no Honey) Blueberries Water	Goldfish Peaches in 100% Fruit Juice Water	Banana Muffins Apples Water
May 13	May 14	May 15	May 16	May 17
Ritz Crackers Cheddar Cheese Turkey Water	Goldfish Turkey Water	Animal Crackers Grapes Water	Cheez-It Frozen Mango Water	Blueberry Muffins Strawberries Water
May 20	May 21	May 22	May 23	May 24
Belvita Snack Pack Pineapple in 100% Fruit Juice Water	Cinnamon Raisin Bread Jelly Frozen Strawberries Water	Rice cakes Triple Berry Blend Water	Vanilla Yogurt Apples Water	Lemon Cranberry Muffins Peaches in 100% Fruit Juice
May 27	May 28	May 29	May 30	May 31
	Pirate's Booty Aged White cheddar Puffs Strawberries Water	Animal Crackers Apples Water	Salsa Chips Water	Apple Cinnamon Muffins Craisins Water

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